

Sant Gadge Baba Amravati University , Amravati Affiliated



Pravin Khodke Memorial Trust Amravati's

VINAYAK VIDNYAN MAHAVIDYALAYA

Nandgaon Khandeshwar

Department of Physical Education

In Association with

IQAC

8

International Federation for Fitness, Health, Physical Education & Iron Games
Organizes

One Day International Webinar

"Effect of Covid-19 on Physical fitness and Mental health"

Date: 20th August 2020 Time:12.00 pm

For Registration please click following link Or Scan QR code

https://forms.gle/VFQB2p2FjvF2xAeG7



(Sue

ZOOM MEETING

ID: 81690882918 Password: 381869

Certificate will be issued to only registered participants

About College.....

Vinayak Vidnyan Mahavidyalaya, Nandgaon Khandeshwar Dist.Amravti was established in the year 2007 by the Pravin Khodke Memorial Trust, Amravati with view to boost higher education in the rural area. It is only College at Nandgao (Kh) Tehsil running Science and Commerce faculties. The college is affiliated to Sant Gadge Baba Amravati University, Amravati and recognized by Government Of Maharashtra with 100 percent(%) Grant-in-aid basis. The college is having Co-education. Presently college offers two Under Graduate courses

Bachelor of Science -Botany, Zoology, Chemistry, Physics, Mathematics, Computer Science, Electronics

Bachelor of Commerce: All compulsory subject as prescribe by S.G.B.A.University, Amravati At the initial stage, the strength of college was less but it is continuously increasing. Which is an indicator of the college's development.

About Department of Physical Education

Department of Physical education at Vinayak Vidnyan Mahavidyalaya is a budding source of energy for the students in the campus and off the campus too, as the department extends its activity to the local schools and colleges by organizing various physical and mental activity enhancing programs. The department has played a pivotal role developing a positive attitude among the aspiring players and sports enthusiasts and as a result the college has gained many color coats from sports faculty. The department's perspective is to make every student a healthy, stress free and a great asset for the development of villages, districts, state and apparently country.

Schedule

Event	Time (I.S.T)
Inauguration	12.00 to 12.20 pm
Session One	12.20-1.20 pm
Session Two	1.25-2.25 pm
Valedictory	2.30-2.50 pm

Patron



Sau .Sulbhatai. S . Khodke MLA (Amravati) President PKMT, Amravati



Guest of Honour
Avinashji Pund
Deputy Director
Sports & Youth Services
Nagpur Division



Ouest of Honour

Dr Avinash Asanare

Director

Sports Department
S.G.B.A.U, Amravati





Speaker
Dr. Kaukab Azeem
Department of Physical Education
King Fahd University of Petroleum &
Minerals

Saudia Arabia

Speaker

Speaker
Prof.Shahin Khan
Department of Sports
Management & Sports Psychology
Sports University
Tamil Nadu





Nandgaon (kh)

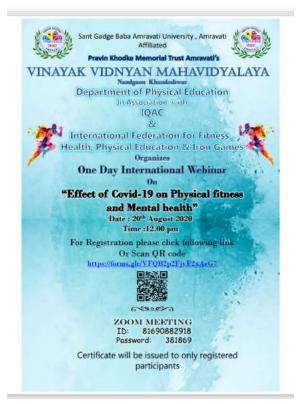
Convenor Dr Shyam Dalvi Physical Director Vinayak Vidnyan Mahavidyalaya



Dr.Alka Bhise
Principal
Vinayak Vidnyan Mahavidyalaya
Nandgaon (kh)
Dist.Amrayati



Dr Suchita Khodke IQAC Coordinator Head Dept. of Botany Vinayak Vidnyan Mahavidyalaya Nandgaon (kh)



The physical education department of Vinavak Vidnyan mahavidyalya, Nandgaon kahndeshwar recently organised an international webinar on " Effects of Covid 19 on hysical and mental health of studnets. The webinar was organised collaboration with IQAC of Vinayak Vidnyan Mahavidyalaya, Nandgaon Kahndeshwar. The motivation behind organising the workshop was to address the studnets who have directly or indirectly affected by COVID 19 and are under constant stress to cope up with their day to day life. The convener of the webinar dr Shaym dalvi too efforts to organise the webinar. The invited guest of the webinar were of the international fame Dr kukab Azim , Director of Physical education, King fahad University of petroleum

and Minerals , Saudi Arabia and Prof Shahin Khan , Department of Sports , Management And Sports Psychology Sports university, Tamil Nadu. The webinar was conducted through the Zoom meeting platform. The registration were called upon from pan India and the department received huge response from many states representing pan India. The webinar started at morning 10.00 am. The president of the webinar Dr. Alka bhise appreciated the organisation of the webinar and mentioned the need of such webinar to motivate the mental health of the studnets. Dr Shian kahn and Dr kaukab ajeem both shared their view on mental health and day to day life. Dr suchita Khodke , IQAC coordinator was also present during the webinar. The webinar was concluded with question and answer session. Both the speakers satisfied the participants with proper answers to their querries. The event got sum up with vote of thanks and national anthem.

K D memoral

VINAYAK VIDNYAN MAHAVIDYALAYA

Nandgaon Khandeshwar, Dist. Amravati (An institute run by Pravin Khodke Memorial Trust, Amravati)



Sau. Sulbha Sanjay Khodke (MLA) President, P. K. M. Trust, Amravati College Code No.: 197 | ((07721) 222245 Email: vvm197@sgbau.ac.in

Sev. Id. 06610100047

Webside: www.vinayakmahankh.in

Dr. Alka Anant Bhise Principal

Mob. 9823526341.

Outward No. : PKMT/VVM/0720/Q Date : 15 /08/2020

Invitation Letter

To.

Dr Avinash Asanare Director Sports Department S.G.B.A.University Amravati

Subject: Invitation for international webinar on "Effect of COVID-19 on Physical fitness and Mental Health" organized by Department of Physical Education, Vinayak Vidnyan Mahavidyalaya, Nandgaon (Khandeshwar). Dist. Amravati

Dear Sir,

It gives us immense pleasure to invite you as a **Guest Of Honor** for international webinar on "Effect of COVID-19 on Physical fitness and Mental Health" organized by Department of Physical Education, Vinayak Vidnyan Mahavidyalaya, Nandgaon (Khandeshwar). Dist. Amravati Amravati, scheduled to be conducted on 20th August 2020 at 12.00 pm using Zoom Meeting Platform We hope you will accept our invitation and would obliged us by your august presence

Thanking you

Dr Alka Bhise

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Dr. Alka Anant Bhise Principal

Mob. 9823526341.

Date: 22 /08/2020

Appreciation Letter

To.

Dr Avinash Asanare Director Sports Department S.G.B.A.University Amravati

Respected Sir

This letter of appreciation comes your way to convey our sincere gratitude to you for your august presence as our esteemed Inaugurator for the International Webinar on "Effects of COVID -19 on Physical and mental health of students" organized by Department of Physical education & IQAC of Vinayak Vidnyan Mahavidyalaya, Nandgaon (Khandeshwar). Dist.: Amravati, in Association with International Federation for Fitness, Health, Physical Education and Iron Games. The webinar was conducted on 20th August 2020 at 12.00 pm using Zoom meeting online platforms.

We appreciate and acknowledge your contribution and support in conduction of the webinar.

We hope to continue a long association with you and promise to reciprocate with equal enthusiasm

With many grateful regards and sincere appreciation.

Dr Alka Bhise

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Dr. Alka Anant Bhise Principal

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Date: 15 /08/2020

Invitation Letter

To.

Dr Avinash Pund Deputy Director Sports & Youth Services Nagpur

Subject: Invitation for international webinar on "Effect of COVID-19 on Physical fitness and Mental Health" organized by Department of Physical Education, Vinayak Vidnyan Mahavidyalaya, Nandgaon (Khandeshwar). Dist. Amravati

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Dr Alka Bhise

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Dr. Alka Anant Bhise Principal

Mob. 9823526341.

Date: 15 /08/2020

Invitation Letter

To,
Dr Kaukab Azeem
Assistant Professor
Department of Physical Education
King Fahad University of Petroleum & Minerals
Saudi Arabia

Outward No.: PKMT/VVM/0720/Q

Subject: Invitation for international webinar on "Effect of COVID-19 on Physical fitness and Mental Health" organized by Department of Physical Education, Vinayak Vidnyan Mahavidyalaya, Nandgaon (Khandeshwar). Dist. Amravati

Dear Sir,

It gives us immense pleasure to invite you as a **Resource Person** for international webinar on "Effect of COVID-19 on Physical fitness and Mental Health" organized by Department of Physical Education, Vinayak Vidnyan Mahavidyalaya, Nandgaon (Khandeshwar). Dist. Amravati, scheduled to be conducted on 20th August 2020 at 12.00 pm using Zoom Meeting Platform We hope you will accept our invitation and would guide us on various aspect of above topic.

Thanking you

Dr Alka Bhise

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Dr. Alka Anant Bhise Principal

Mob. 9823526341.

Date: 22 /08/2020

Appreciation Letter

To,
Dr Kaukab Azeem
Assistant Professor
Department of Physical Education
King Fahad University of Petroleum & Minerals
Saudi Arabia

Outward No.: PKMT/VVM/0720/Q

Respected Sir

This letter of appreciation comes your way to convey our sincere gratitude to you for your august presence as our esteemed Resource person for the International Webinar on "Effects of COVID - 19 on Physical and mental health of students" organized by Department of Physical education & IQAC of Vinayak Vidnyan Mahavidyalaya, Nandgaon (Khandeshwar). Dist.: Amravati, in Association with International Federation for Fitness, Health, Physical Education and Iron Games. The webinar was conducted on 20th August 2020 at 12.00 pm using Zoom meeting online platforms.

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With many grateful regards and sincere appreciation.

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Dr. Alka Anant Bhise Principal

Mob. 9823526341.

Outward No. : PKMT/VVM/0720/Q Date : 15 /08/2020

Invitation Letter

To,
Prof Shahin Khan
Department of Sports Management And Sports Psychology
Sports University
Tamil Nadu
INDIA

Subject: Invitation for international webinar on "Effect of COVID-19 on Physical fitness and Mental Health" organized by Department of Physical Education, Vinayak Vidnyan Mahavidyalaya, Nandgaon (Khandeshwar). Dist. Amravati

Dear Madam,

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Tamil Nadu
INDIA

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Dr Alka Bhise

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Easily add personal signatures in PDF documents, easy to fill in forms



भाषेचा वापर या ऑधनियमद्वारे आता आहे.

करता येत नाही , परंतु राष्ट्रीय महमार्ग आणि वर्दकीच्या राज्यावा बांधकाम सुरू वांधकामाला नगर परिषदेची मृ

असताना अधिकार्याचे दर्लक्ष अ

शेंगाला आले कोंब शेतकरी हवालदिल

प्रतिनिधी-२५ ऑगस्ट

नांदगाच खंडेशर : कधी अपूरा पाऊस तर कधी जास्त सामुळे शेतकरी संबटात असतो सुरुवातीला अनेक शेतकपूर्यांना दुबार पैरणी करावी लाग्ली दुबार पेरणी करूनही पिक नमल्याने शेव पहित पडल्याचे चित्र आहे. तर काहींचं डौवलात पीक असून अनेक फवारणी झाल्या तरीही सोयाबीन पिकावर खोड अको असून सततच्या पावसामुळे सोयाबीन पीक पहत आहे तर मुंग तोडगोला आला असून पावसामुळे शॅगा खरब झाल्या असून शॅगानाच कोंब फुटत असल्याचे चित्र आहे नांदगाव खंडेश्वर तालुक्वातील स्वर माउली वेथील शेतकरी कृष्णगढ मेंडें यांची यवतपाळ अमरावती रोडवर शेत 1.20 शेती असून 7 एकर मध्ये मंग पेरला अनेक फवारण्या झाल्या शेंगा तोडायला आल्या परंतु मततच्या पावसामुळे मुंग _डबरती पान २ वर

कोरोना चाचणीच्या जाचक अटीमुळे

माजी खासदार अनंत प्रतिनिधी-२५ ऑगस्ट गृढे यांचा आरोप

तातहीने बेळेबर आलेले हृदय रोगाचे रुग्ण, उच्च रक्तदाब, नथुमेह, सर्दी, खोकला, डेंग्, मलेरिया घासारखे रुणांना खासगी रुग्णालयाकड्न भरती करण्यास अहन्यण येत आहे. प्रथम कोव्हिडं रुगणालयात जाऊन परीक्षण करा, नंतर आम्ही भरती करून घेठ, असे छासगी रुग्णालये सांगतात. कोव्हिडं रूम्णालयातील अहवाल चोस्रोस तासानंतर मिळवात, तोपर्यंत त्या रुग्णांच्या तब्येतीत विघाड होत जाते. कोव्हिडं रुग्णालयात किंवा संस्थात्मक विलगीकरण कक्षात कोव्हिडं चा अहवाल येईपर्यत कोणतेच टाचार होत नाही. त्यागुळे उपचाराची अत्यावश्यक असणाऱ्या समाचि उपचार प्रभावी मृत्यू होती. तो

अमरावती : कोव्हिड 19 महामारीच्या संकटावर दे: सरकारने नियमावली जाहीर केली आहे. तेच नियम सरकार व जिल्हा प्रशासन त्यावर अंमलबजावणी आहे. सुरुवातीला खासगी रुग्णालयातील कोरोना इतर आजारांवर उपचार केले जात होते. पण खाजः रुग्णालयातील डॉक्टर व इतर कर्मचारी कोरोना स निघाल्यामुळे प्रत्येक रुग्णास कोरोना परीक्षण अत्य करण्यात आले.

मृत्यु कांरोणा रुग्ण म्हणून गणला जातो. त्यामुळे कोरोना मृत्युदर दरगेज वादत जात आहे. इदय रम्णाला तावडीने आयमीय् मध्ये भरतो करून त्याच्यावर वातडीने उपचाराची गरज

असते. पण त्याला वेळेवर उपचार जातात. रुग्ण वरे होऊन मिळाले नाही, तर त्याचा मृत्यू होक प्रकतो हे पूर्णसत्य अमतानही अशा

रुणांना कारोना सरकारी कोव्हि पाठविले जाते. वर्षापासन खास हृदयरोग, मध्यं हेंगू, मलेरिया, या ज्याधींवर

मृत्यूचे प्रमाणही मयीदिर आता सर्व व्याधीवर !

वेनायक विज्ञान महा मध्य आंतरराष्ट्रीय वाबनारला उत्स्फ

प्रतिनिधी / २५ ऑगस्ट अमरावर्ता : विनासक महाविद्यालय नांदगाव खंडेश्वर येथील शारी रेक शिक्षण विभाग व आय.क्यु.ए,सी. तसेच इंटरनॅशनल फेडरेशन फॉर फिटनेस, हेल्थ, फिजिकल एज्युकेशन ॲंड.आयरन गेप्स यांच्या संयुक्त विद्यमाने कोविड-१९ चा विद्यार्थ्यांच्य शारीरिक स्वास्थ आणि मानसिक आरोग्यावर होणारा परिणाम या विषयावर आंतरराष्ट्रीय वेबिनारचे आयोजन दिनांक २० ऑगस्ट २०२० रोजी दपारी १२.०० वाजता करण्यात आले होते. या कार्यक्रमाच्या अध्यक्षस्थानी आ. सूलभाताई खोडके अध्यक्ष, प्रवीण खोडके मेमोरियल



टुस्ट अमरावती, तसैच प्रमुख अतिथी प्हणून डॉ.अविनाश असणारे संचालक, क्रीत विभाग, एस.वी.बी.ए.यू, अमरावती अविनाशजी पृष्ट उपसंचालक, यांनी आणि अविनाराजी पुंड उपसंचालक,

ऋीडा व युवा सेवा नागपुर विभाग हे होते.

वाँ अविनाश असनारे तरांनी वेचिनार



विद्यार्थ्यासाठी कसा महत्वाचा आहे. सांगून वेबिनारसाठी श्भेच्छा देल्या, तसेच कोविड-१९ चा विद्यार्थ्यांच्या मानसिक आरोग्यावर परिणाम कसा होणार नाही हे आपल्या ..उवंरती पान २ वर





अमरावती दर्शन

अमरावती, मंगळवार २५ औ

आ.देवेन्द्र भुयार व अधिकाऱ्यांनी वे हातुर्णा, पळसवाडा पुनर्वसन गावाः

प्रतिनिधी-२५ ऑगस्ट

वरुड तालुक्यातील वसड : भापकी, हातुर्णा पळसोना, पुनर्वसन प्रकल्पग्रस्त गावकरी व शेतकर्यांच्या समस्या सोडविष्यासाठी त्यांना न्याय मिळवून देण्यासाठी विधानसभा मतदार संघाचे आमदार देवेंद्र भुयार यांच्या उपस्थितीत मौजा धापको, हातुर्णा, पळसनाहा, गानांची नागरी सुविधा, भुखंड वाटप, व इतर सेवा सुविधा संदर्भात प्रत्यक्ष पाहणी करून वैद्रक घेण्यात आली. अमरावती-वर्धा जिल्ह्याच्या सीमेवरील वर्धा नदीच्या तीरावर





Pravin Khodke Memorial Trust Amravati's

VINAYAK VIDNYAN MAHAVIDYALAYA

Affiliated to S. G. B. Amravati University , Amravati

Department of Physical Education In Association with IQAC

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International Federation for Fitness, Health, Physical Education & Iron Games

This is to certify that Dr/ Mr/Ms/Mrs_Sungadh Band

Participated in an International webinar on "Effects of COVID-19 on Physical

Fitness and Mental Health of Students "Organized by

Department of Physical Education of Vinayak Vidnyan Mahavidyalaya,

Nandgaon (kh), Dist. Amravati

Under the aegis of IQAC and in association with International Federation for

Fitness, Health, Physical Education And Iron Games. On 20th August 2020

From

Convenor Dr Shyam Dalvi Physical Director Vinayak Vidnyan Mahavidyalaya Nandgaon (kh)

Dr.Alƙa Bhise Principal Vinayak Vidnyan Mahavidyalaya

Nandgaon (kh) Dist.Amravati pruetys

Dr Suchita Khodke IQAC Coordinator Head Dept. of Botany Vinayak Vidnyan Mahavidyalaya Nandgaon (kh)

Certificate